



WEIGHT PLATE: Weight plate: Alloy steel (20#); flat and smooth surface, without pits; thin but heavy. Selector pin: Hilt Material: ABS; Process: one-step injection molding; Pin Material: stainless steel (304#)

## HOSQ Series

Pipe: The main tube is made of 50\*100\*2.5T rectangular tube, link tube 50\*80\*2.5T, 40\*50\*3T rectangular tube  
selection: black/gray/white/red, etc., other colors can be customized

Seat Leather the cushion is made of PU with once forming technology. Wearable leather surface, high tear strength, The color of the cushion can be customized. Color options: black/brown/yellow/red, etc.

STEEL CABLE: constituted of 19 steel ropes around a main steel rope. External diameter (leather included): 5.8mm Internal diameter (only steel): 3.5mm Max load: 1000kg

Counterweight pins: handle material using ABS injection molding, pins using 304 stainless steel finishing, highlighting each small part is the real material.

CAM: Quality hot rolled steel plate (8.0TA) processed with laser cutting technology and guide groove are well welded to prevent distortional deformation and bring excellent durability; rust-removing process and secondary spraying bring good corrosion-resistance.

Guide rail: Shaft ( $\Phi 30\text{mm}$ ) and linear bearing are applied to ensure the precision of movement trajectory

Guide rod: Material: stainless steel hollow pipe. Process: grinding and polish The lustre lasts for long time. It does not get rusty after 48h of salt atmosphere test.

Counter weight: Material: quality steel; Process: lathing, rust removing and secondary spraying

Slipper: It's made of PVC with one-step forming technology

Weight horns: Weight horns are made of plastic.

Screw: Material: A2-70 stainless steel



HOSQ001  
坐式推胸训练器  
Chest Press  
长度\*宽度\*高度  
1100\*1450\*1630mm



HOSQ002  
反飞鸟训练器  
Pectoral Fly  
长度\*宽度\*高度  
1250\*1430\*2080mm



HOSQ003  
坐式举肩训练器  
Shoulder Press  
长度\*宽度\*高度  
1530\*1430\*1630mm



HOSQ004  
肩部训练器  
Lateral Raise  
长度\*宽度\*高度  
1720\*820\*370mm



HOSQ005  
坐式下拉训练器  
Fixed Pulldown  
长度\*宽度\*高度  
1480\*1400\*1800mm



HOSQ006  
高拉背训练器  
Shoulder Press  
长度\*宽度\*高度  
1400\*890\*2255mm



HOSQ007  
坐式划船训练器  
Seated Row  
长度\*宽度\*高度  
1330\*860\*1930mm



HOSQ008  
二头肌训练器  
Biceps Curl  
长度\*宽度\*高度  
1150\*1100\*1400mm



HOSQ009  
三头肌训练器  
Triceps Extension  
长度\*宽度\*高度  
1150\*1100\*1400mm



HOSQ010  
助力单双杠训练器  
Assist Dip Chin  
长度\*宽度\*高度  
1280\*1150\*2210mm



HOSQ011  
坐式蹬腿训练器  
Seated Leg Press  
长度\*宽度\*高度  
2135\*1436\*1670mm



HOSQ012  
坐式伸腿训练器  
Leg Extension  
长度\*宽度\*高度  
3800\*670\*2270mm



HOSQ013  
坐式曲腿训练器  
Seated Leg Curl  
长度\*宽度\*高度  
1200\*1100\*1630mm



HOSQ014  
俯卧曲腿训练器  
Leg Curl  
长度\*宽度\*高度  
1680\*1000\*1630mm



HOSQ015  
大腿外侧训练器  
Hip Abduction  
长度\*宽度\*高度  
1550\*670\*1400mm





HOSQ015  
大腿内侧训练器  
Hip Adduction  
长度\*宽度\*高度  
1550\*670\*1400mm



HOSQ016  
反飞鸟训练器  
Pectoral Fly  
长度\*宽度\*高度  
1250\*1430\*2080mm



HOSQ017  
坐式小腿训练器  
Horizontal Calf  
长度\*宽度\*高度  
1060\*1770\*1640mm



HOSQ018  
摆腿训练器  
Hip / Glute  
长度\*宽度\*高度  
1660\*1000\*1830mm



HOSQ015  
背肌训练器  
Back Extension  
长度\*宽度\*高度  
1160\*1000\*1400mm



HOSQ019  
卧式腹肌训练器  
Abdominal Crunch  
长度\*宽度\*高度  
940\*1620\*1640mm



HOSQ020  
坐式低拉训练器  
Long Pull  
长度\*宽度\*高度  
1980\*890\*2255mm



HOSQ021  
伸曲腿训练器  
Leg Curl & Extension  
长度\*宽度\*高度  
1200\*1100\*1630mm



HOSQ022  
大腿内外侧训练器  
Inner & Outer Thigh  
长度\*宽度\*高度  
1550\*670\*1400mm



HOSQ023  
高低拉训练器  
Lat Pulldown & Low Row  
长度\*宽度\*高度  
2230\*890\*2255mm



HOSQ024  
多功能推举训练器  
Chest Shoulder Combo  
长度\*宽度\*高度  
1930\*1540\*1630mm